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update



Scripps Health Foundation

Medicine in Motion

Research, Education and Clinical Practice
Improve Orthopaedic Care

Inside

BY JOSH BAXT

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Medicine in Motion

Research, Education and Clinical Practice Improve Orthopaedic Care

On July 4, 2004, San Diego Padres first baseman Phil Nevin hit a ball into right field, a single, but three steps out of the batter's box his right knee seized up and he limped to first base — he had torn a piece of cartilage in his knee. The next morning he received arthroscopic surgery from Padres team physicians and Scripps Clinic orthopaedic surgeons, Jan Fronek, M.D., Steve Copp, M.D., and Heinz Heinecke, M.D. The surgery was routine: Remove a piece of torn cartilage through a tiny incision and smooth out the remaining tissue.

Arthroscopic surgery is only one example of the great strides orthopaedic medicine has taken in the past 40 years. These advances have been well-timed, as more Americans pursue extreme sports and active baby boomers approach retirement age. According to the National Center for Health Statistics, in 2000 more people visited their physicians due to musculoskeletal conditions (injuries to bones, joints, muscles, ligaments or tendons as well as osteoporosis and arthritis) than for any other reason. In the same year, more than 7 million people were hospitalized for musculoskeletal injuries. To address these needs, Scripps is combining advanced technology, improved procedures and new facilities to provide the best possible orthopaedic care.

THE PROMISE OF SPORTS MEDICINE

Scripps Clinic's Sports Medicine Division treats some of the finest athletes in the world, from the San Diego Padres to the U.S. Olympic Ski and Volleyball teams. Advances in sports medicine have improved care for all patients. A postal worker with damaged knee cartilage receives the same arthroscopic surgical procedure as Phil Nevin.

Physicians and researchers collect mountains of data on procedures and their outcomes, trying to refine surgical techniques to reduce their impact and speed up recovery times. Athletes are ideal subjects, as they are in excellent physical condition and have an enormous professional and monetary interest in getting back to work.

"Many of them have significantly greater drive to get back faster. If they're not able to perform they feel it, emotionally and financially," says Dr. Fronek, head of Sports Medicine at Scripps Clinic.

Surgeons and researchers are developing innovative surgical techniques and rehabilitation programs, though sometimes advances are driven by the patients themselves. Dr. Fronek notes that ten years ago, surgery to repair a torn anterior cruciate ligament (ACL) in the knee required patients to be immobilized for six weeks and only perform weight-bearing exercises months later. Some athletes, impatient with their rehabilitation, accelerated the program. Dr. Fronek warns that it's never a good idea to go against doctor's orders, but in this case the accelerated rehabilitation had no ill effects. Researchers examined the data and a new rehabilitation schedule was developed, helping all ACL surgery patients get on their feet sooner.

RESEARCH AND EDUCATION: A PARTNERSHIP

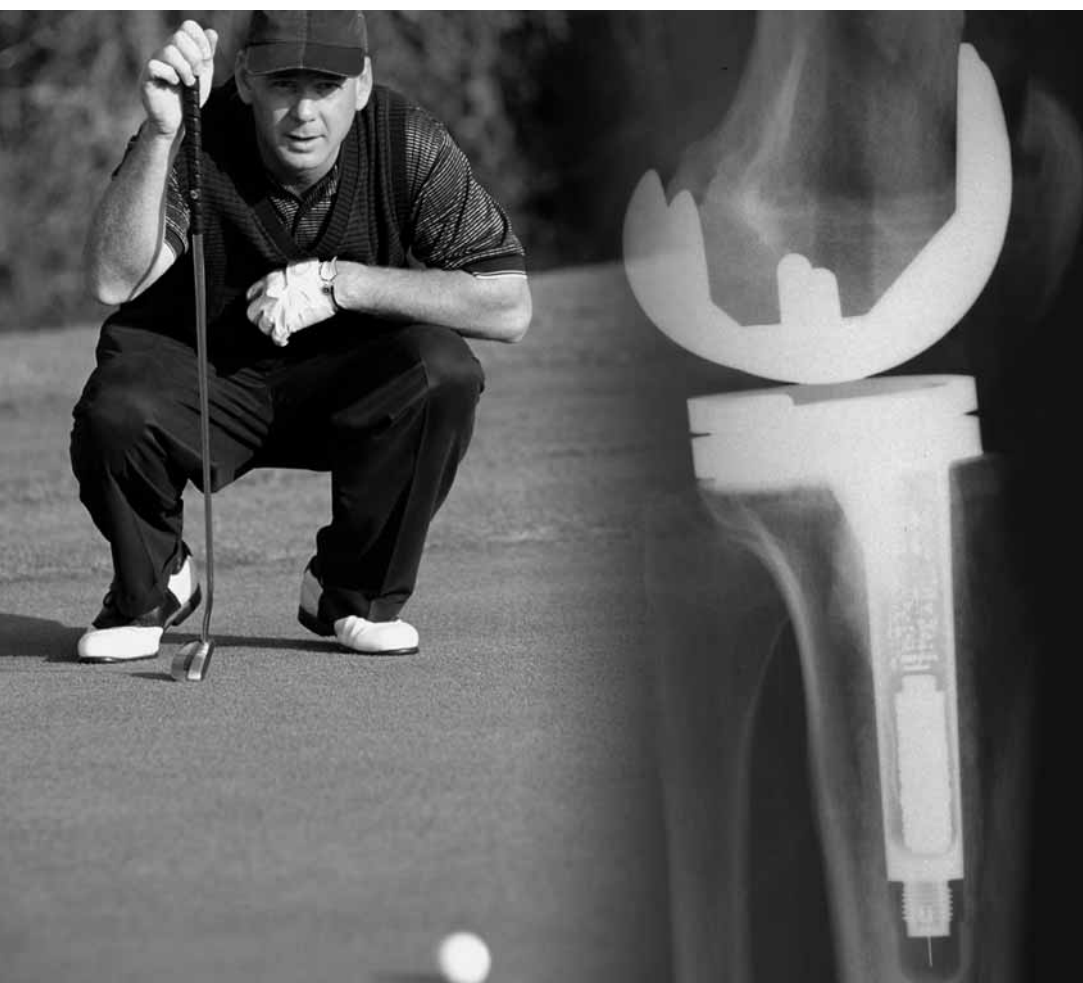
A few blocks north of Scripps Clinic, orthopaedic surgeon Kace Ezzet, M.D., is being videotaped at the



Darryl D'Lima, M.D., Pam Pulido, R.N., and Clifford W. Colwell, Jr., M.D., of SCORE

Scripps Clinic Center for Orthopaedic Research and Education (SCORE); however, he is only a supporting actor. The star is the artificial knee joint he is using to demonstrate a new surgical technique. The instructional video will educate orthopaedic surgeons around the world.

Assisting with the mock surgery is Greg Lee, M.D., a surgical fellow specializing in lower extremity reconstruction. The fellowship, under the joint direction of Richard Walker, M.D., and Clifford W. Colwell, Jr., M.D., is an intensive, year-long training program designed to maximize surgical expertise in total joint replacement. In addition to working on the training video, a six-month project, Dr. Lee has assisted with hundreds of knee and hip replacement surgeries. According to Dr. Lee, the average orthopaedic surgeon may perform 20 joint replacements annually. His fellowship will give him the equivalent of ten years experience in a single year, as well as teaching him many of the nuances of orthopaedic surgery, such as knowing that an artificial hip joint



TEST PILOT

JERRY WARD GOES WHERE NO ONE HAS GONE BEFORE



Jerry Ward

The electronic knee (E-Knee) was a revolutionary concept: an artificial knee with transducers to measure the forces applied to the joint and a transmitter to send that information. For the first time, orthopaedic researchers would have real-use information to develop superior artificial knee joints. In early 2004, after 13 years of painstaking research and testing, the Scripps Clinic Center for Orthopaedic Research and Education (SCORE) had developed a working prototype, but they needed a test pilot.

Jerry Ward was the ideal candidate.

He was the right height and weight and SCORE Director Clifford W. Colwell, Jr., M.D., had already replaced Ward's other knee. But the most important factor was Ward's willingness to contribute his time to advance medical science. While all artificial knee recipients receive follow-up care, Jerry Ward would have to walk, stand, climb stairs, pivot, play golf and perform other tasks while researchers measured the forces on his knee.

"I guess I'm kind of like a lab rat," says Ward.

Ironically, field testing is not unfamiliar territory for Jerry Ward. As a physicist for North American Aviation (now part of Boeing) for 25 years, Ward had a hand in designing cutting-edge flying machines like the F-86 Saberjet. He knows a little bit about testing high-tech equipment.

The E-Knee was implanted on February 27, and both patient and prosthesis are doing great. The artificial joint has restored Ward's mobility and relieved his pain, but it has also given him a window into the world of biomedical research and brought back his sense of awe at precision engineering. He's also a little surprised by the notoriety he's received.

"My nephew called from Louisiana and asked if that was me on TV," says Ward.

For SCORE, the information from the E-Knee will provide unique insights into how artificial joints function inside the body. Researchers hope to use the data to develop new prosthetic joints and other devices.

SCORE was recently awarded the HAP Paul Award from the International Society for Technology in Arthroplasty, which honors the most important development or evaluation of new joint replacement technology, for its work on the E-Knee.

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has been precisely placed by the sound it makes while being implanted.

The focus on research helps make Scripps Clinic's fellowship program unique. Dr. Lee spends one day each week conducting clinical research at SCORE, which recently made headlines for its role in developing and implanting the world's first electronic knee (See box, left).

"With the research, I get to find out if what we do in the lab makes any difference clinically," says Dr. Lee.

One research project involves assessing the ten-year survival rate of an artificial hip component. In addition to learning that the component has had a 100% survival rate, Dr. Lee has also seen how clinical practice has advanced in recent years. The former patients he interviews waited weeks before putting weight on their hip implants. Today, patients put weight on their new joints the day after surgery.

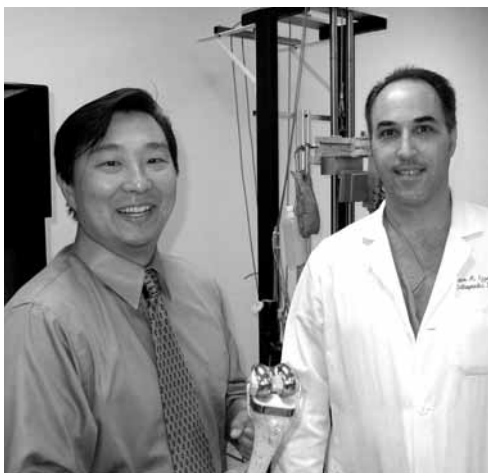
Dr. Ezzet, who completed the same fellowship at Scripps Clinic in 1995, feels the combination of surgery and research experience is invaluable.

"My fellowship taught me how to be a better doctor," says Dr. Ezzet.

Serving as an instructor for the fellowship program continues to test Dr. Ezzet's skills. Because fellows must learn the latest techniques in orthopaedic surgery, Dr. Ezzet must work even harder to stay abreast of these changes. Fellows force surgeons to explain and even justify the choices they make. Dr. Ezzet believes that, like his own fellowship, training others makes him a better doctor.

EXPANDING CLINICAL CARE,
EDUCATION AND RESEARCH
IN NORTH COUNTY

Scripps Memorial Hospital Encinitas is working with CORE Orthopaedic Medical Center to create a 25,000-



Greg Lee, M.D., and Kace Ezzet, M.D.

square-foot facility that will focus on clinical care, rehabilitation, physician training, community education and research.

CORE will offer a wide variety of operative and non-operative orthopaedic services including: physical therapy, podiatry, physiatry (See box, page 6) and pain management, as well as arthroscopic, joint replacement, foot and ankle, spine and hand surgery. With 30 patient rooms, an MRI and a full complement of specialists and subspecialists, the center will provide a full array of orthopaedic care in one convenient location.

Education will be one of CORE's primary missions. The new center will feature a 50-seat auditorium to expand community and physician education. Patients will learn more about their medical options, and community-focused programs will offer seminars on a range of topics from preserving back health to using crutches. Orthopaedists and other medical professionals will also benefit. Surgeons from around the world will view the latest procedures on live video fed directly from the operating rooms.

CORE will also feature specialty sports medicine services, and because the region around Scripps Encinitas is

home to a growing number of extreme athletes, the center will give special attention to their needs. Currently, professional teams and Olympic athletes have their own networks of doctors for cross-referrals, but professional surfers, skateboarders, snowboarders and others often lack a well-established medical network.

CORE physicians want to help create such a network, but they are also working to better understand the healing process. According to Raymond Linovitz, M.D., a well-known spine surgeon and CORE's medical director, athletes often rush back to competition before they've healed completely and, as a result, end up with more severe injuries. Orthopaedists must understand the distinction between a quick recovery

and actual healing and need to develop ways to measure the difference. CORE researchers will work to develop methods to measure healing to improve safety for professional and amateur athletes.

Sometimes a very simple fix can have an enormous impact on injury prevention. During competition, professional snowboarders wait between runs and cold temperatures can make their joints and muscles more susceptible to injury. The solution: a heated tent to keep competitors comfortable and reduce their chance of injury.

Learning new ways to prevent sports injuries is only one of many research projects CORE intends to explore. The new facility will provide orthopaedic device companies a venue

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MEDICINE IN MOTION



CORE orthopaedist Michael Skyhar, M.D.

to conduct sophisticated testing. CORE's focus on clinical research will help advance new treatments and give Scripps Encinitas patients improved access to new technologies.

Dr. Linovitz made headlines as the first surgeon in San Diego to replace a diseased spinal disc with an artificial one (See box, page 7). Procedures like disc replacement will help the center expand the boundaries of orthopaedic medicine.

"New procedures require different rehabilitation regimens as well," says Dr. Linovitz. "We will be on both sides of the equation, working to develop better treatments and designing physical therapy to match the new treatments."

CORE has ambitious plans to expand its educational offerings and will eventually add fellowships in spine surgery and sports medicine. The combination of subspecialty care, community education and clinical research will help make Scripps Encinitas a new center for orthopaedic excellence.

CODE TRAUMA

Nothing tests an orthopaedic surgeon's skills like trauma cases. William Tontz, M.D., director of Orthopaedic Trauma at Scripps Mercy Hospital, is always alert for two words: Code Trauma. According to Dr. Tontz, as many as 40% of the trauma cases at Mercy, a Level I Trauma Center, involve some type of orthopaedic injury, so when a trauma comes in, it's likely that he or his partner Michael Bongiovanni, M.D., will be called upon to perform surgery.

Dr. Tontz has been an orthopaedic trauma surgeon at Mercy since 1986, and his long tenure with Mercy's trauma team means everyone knows how he will respond to a specific injury. These close ties bring great benefits to patients. For example, Drs. Tontz and Bongiovanni often work on orthopaedic injuries at the same time vascular surgeons work to control blood loss. The time saved means less trauma for patients and quicker recovery times.

Another great timesaver for trauma patients is digital radiology (X-rays, CT and MRI). Mercy was one of the first hospitals in San Diego with this technology. Like your old camera, traditional radiology uses film, which

William Tontz, M.D.



What are Physiatrists?

Physiatrists are physicians who specialize in physical medicine and rehabilitation to treat sports and work injuries, arthritis, fibromyalgia, neck and back pain, spinal cord injuries and various degenerative disorders.

Physiatrists receive extensive training in neurology, orthopaedics and other specialties, and have the ability to diagnose disease, prescribe drugs and use special diagnostic tools, like electromyography, to evaluate nerve function. Physiatrists work with physical and occupational therapists, psychologists, social workers and others to foster treatment and rehabilitation.

must be developed, transported and stored. Digital technology allows instant access to diagnostic images, which are stored easily and can be transmitted electronically over secure networks to specialists anywhere.

"I bring up the X-ray on my computer and have 45 minutes to plan before surgery," says Dr. Tontz.

For orthopaedic patients, surgery is only the first step on a long road to recovery. Dr. Tontz and colleagues at Mercy recognize that it's not enough to do a great job during surgery, there needs to be effective follow-up.

Nurse practitioners are important links in the chain, educating patients after surgery to ensure they have enough information to rehabilitate successfully. In addition, the nurses run their own orthopaedic clinic to follow up and ensure that patients adhere to their rehabilitation plan. Drs. Tontz and Bongiovanni also run half-day clinics on Wednesdays and Fridays. They check casts, discuss nutrition and make sure patients are moving forward. This kind of extra care helps ensure that patients recover successfully.



Michael Botte, M.D.

Classical Literature

Scripps is known for world-class physicians and Michael Botte, M.D., a Scripps Clinic hand specialist, is one of the best. Dr. Botte has been recognized as one of San Diego's Best Doctors, and the book he co-authored with James Doyle, M.D., "Surgical Anatomy of the Hand & Upper Extremity," is becoming the definitive text on hand surgery. A recent review in *The Journal of Hand Surgery* noted that, "In short time, 'Doyle and Botte' will be to hand surgery what the OED (Oxford English Dictionary) is to the English language: A classic."

SEVENTEEN DAYS

On July 17, 2004, only 17 days after his knee locked up, Phil Nevin returned to the Padres starting lineup with two hits and a run batted in. Nevin's quick return can be attributed to his conditioning, an intensive rehabilitation program, the quality of his surgeons and the advances in orthopaedic surgery that make rapid recoveries common.

In years to come, surgery will become even less invasive and new treatments will be developed and tested. In addition to the electronic knee, SCORE is working to grow cartilage for transplants, a revolutionary technology that may eventually make artificial joints obsolete. Other techniques, like disc replacement surgery, will be refined.

In the short-term, Scripps is focused on expanding its orthopaedic infrastructure to meet the enormous patient demand. Scripps Clinic has opened a new outpatient facility at the intersection of Highways 5 and 56 in Carmel Valley, where patients will benefit from state-of-the-art diagnostic imaging and an ambulatory

surgery center. Scripps Mercy Hospital has also opened an ambulatory surgery center, and the CORE Orthopaedic Medical Center at Scripps Memorial Hospital Encinitas will open in 2005. These new facilities, combined with ongoing basic and clinical research, will give patients more choices in their quest to live pain-free.

We rely on philanthropic support to continue to improve orthopaedic care. For more information:

Division of Orthopaedic Surgery at Scripps Clinic and SCORE – Call Liz Mueller at 858-554-3046.

CORE Orthopaedic Medical Center at Scripps Memorial Hospital Encinitas – Call Stacy Wilson at 760-633-6632.

Orthopaedic Trauma at Scripps Mercy Hospital – Call Karen Stone at 619-278-3382.

Revolutionary Total Disk Replacement Procedure

In October 2001, Raymond Linovitz, M.D., Timothy Peppers, M.D., and Erik Westerlund, M.D., of Scripps Memorial Hospital Encinitas were the first surgeons in Southern California to perform a new procedure called total disk replacement (TDR), in which an artificial disk is implanted in the lumbar spine.

The patient was a 40-year-old father suffering from crippling degenerative disk disease.

Today, though he still experiences some pain, he is back to work, going out with his family and bowling with his two sons.

Scripps Encinitas is one of only 15 sites in the U.S. to participate in a national clinical trial comparing the effectiveness of the ProDisc® TDR procedure to spinal fusion surgery. TDR has been performed in Europe for more than 10 years, notably in France and Germany.

The major advantages of TDR over spinal fusion are shorter recovery times, decreased cost and reduced post-operative pain. Most

patients return to normal activities within six weeks compared to three to six months after fusion.

In TDR using ProDisc® technology, the diseased disk is replaced with an artificial disk made of polyethylene and a chromium alloy, inserted through a small incision in the abdominal wall.

"The artificial disk will do for spine surgery what the artificial joint has done for hip and knee replacement," Dr. Linovitz says. "We finally have a tool that the spine surgeon can use to treat painful degenerative disk disease in the lumbar spine that restores function, rather than other available options that limit motion."

Dr. Linovitz and his team have performed over 100 TDRs and anticipate FDA approval in late 2005.

PHILANTHROPY UPDATES

80TH
ANNIVERSARYMillion-Dollar Challenge To
Benefit Scripps La Jolla

To honor the 80th Anniversary of the founding of Scripps Memorial Hospital La Jolla and the 75th Anniversary of the Candlelight Ball, Betty Knight Scripps will match up to \$1 million in gifts to the hospital. Proceeds from Mrs. Scripps' challenge will support new technology and enhancements to care at Scripps La Jolla.

Betty Knight Scripps is one of San Diego's leading philanthropists. As 2003 Candlelight Ball chairman, she helped raise a record \$1.2 million. She will serve as general chairman for the 75th Diamond Anniversary Candlelight Ball on December 4, 2004, at the Del Mar Country Club.

Scripps Chula Vista Receives
Grant for Women in Action
Program

Scripps Memorial Hospital Chula Vista has received a \$112,500 grant from the National Alliance of Breast Cancer Organizations to support Women in Action Breast Health Outreach and Education, a community-based program to increase access to cancer screening and radiology services. Women in Action reaches more than 2,400 women through culturally sensitive, individual and group outreach education.

Scripps Encinitas
Emergency
Department
Receives Million-
Dollar Pledge

Encinitas residents Tom and Mary Ellen Grant have pledged \$1 million to support a major expansion of the Emergency Department (ED) at Scripps Memorial Hospital Encinitas.

The new emergency department's streamlined design will reduce wait times and allow up to 45,000 patient visits annually. The new three-story medical facility will feature a state-of-the-art imaging center; twenty-eight emergency stations — more than doubling the department's current size; three treatment areas to separate trauma patients from acute-care and fast-track (low risk) patients; and a Clinical Decision Unit, where medical staff will monitor patients' conditions while awaiting test results. The new building will also add 32 monitored beds and additional space for administrative support.

Double or Triple the Value of
Your Gift at No Extra Cost!

A matching gift increases the value of your donation and helps us provide high quality patient care while pursuing advances in health care, superior medical technology and clinical research.

Many companies match charitable gifts from employees and retirees, including their spouses.

Call Lisa Peterson at 858-678-6206 for more information.



John Engle To Lead Foundation

John Engle, president and chief executive officer of The Whittier Institute for Diabetes, has been named chief development officer and senior vice president for Scripps Health and will oversee Scripps Health Foundation.

Engle has been with Scripps for 14 years and has been president of the Whittier Institute since 1994. From 1990 to 1994, he was director of development for Scripps Foundation for Medicine and Science.

"I feel privileged to be given this opportunity to work with the community to raise philanthropic support for Scripps," says Engle.

Prior to joining Scripps, Engle was executive director of the Trauma Research and Education Foundation in San Diego and marketing director for the Sail America Foundation, which managed sponsor relations for the America's Cup. He is actively involved in the community, serving on the board of trustees of the Helen Woodward Animal Center, the President's Community Council for Point Loma Nazarene University and the San Diego Rotary Club.

SPECIAL EVENTS WRAP-UP

Scripps Clinic/Scripps Green Hospital Renaissance Ball, "Il Palio"

SATURDAY, APRIL 17, 2004

Held at the Hilton La Jolla Torrey Pines, the ball recreated the pageantry of Il Palio, an ancient celebration held in Siena, Italy, and raised over \$150,000 for the Scripps Green Hospital Intensive Care Unit and the Scripps Clinic Cardiology Department.

13th Annual Spinoff Auction / 25th Annual Tennis Tournament

WEDNESDAY, APRIL 21, 2004 / SATURDAY, APRIL 24, 2004

The auction and tournament raised over \$570,000 for prevention, early detection, education and clinical research programs at the Scripps and Thomas T. Stevens Cancer Centers. The auction, "Celebrate California, Celebrate Life," gave bidders the opportunity to enjoy the bounty of California art, cuisine and entertainment.

21st Annual Encinitas Gala, "La Magique du Cirque"

SATURDAY, JUNE 12, 2004

The gala raised over \$220,000 to refurbish inpatient surgical suites at Scripps Memorial Hospital Encinitas. Guests danced to a 17-piece orchestra and were treated to a captivating show of aerial artistry and acrobatic performances by Il Circo.

Acura Classic Benefit for Breast Cancer, In Memory of Janis Fitch

THURSDAY, JULY 29, 2004

The benefit raised \$240,005 to support Scripps Polster Breast Care Center. Guests enjoyed cocktails, dinner, live and silent auctions, and reserved seating for the evening's matches.

S C R I P P S H E A L T H U P D A T E S

Scripps Receives “Best Hospital” Award

Scripps has been selected as “Best Hospital” by *San Diego Union-Tribune* readers for the fifth consecutive year. Readers were asked to select their favorites in 99 categories. This is the seventh time that Scripps has been selected in eight years.

Rare Cell Detection Project

Scripps Green Cancer Center, The Scripps Research Institute and the Palo Alto Research Center have formed a bioengineering research partnership to develop technology to find breast cancer cells in peripheral blood. The partnership plans to create a FAST cytometer, a machine that can analyze 50 million cells in peripheral blood in 2 minutes and locate a single cancer cell. Current technology requires 16 hours to analyze the same number of cells.

Mercy Hospital Surgery Pavilion Opens

The new Surgery Pavilion at Scripps Mercy Hospital held its grand opening on August 3. This comprehensive outpatient surgery center will provide top-quality health care in a convenient location. The Pavilion has four multifunctional operating rooms and combines the expertise of the area’s finest surgeons and nurses with the latest technology. Services include ophthalmology, urology, orthopaedics, podiatry, gynecology, and oral, cosmetic, vascular and reconstructive surgery.

Mercy Hospital Receives Clinical Excellence Award

Scripps Mercy Hospital has received a Distinguished Hospital Award for Clinical Excellence™ from HealthGrades®, Inc. One of only two hospitals in San Diego to earn this distinction, Scripps Mercy is the only San Diego hospital to receive the award in both 2003 and 2004. Recipients are among the top three percent of all hospitals in the country in seven major clinical specialties: cardiac surgery, cardiology, orthopaedic surgery, neurosciences, gastroenterology, and pulmonary and vascular surgery.

Scripps Encinitas Receives “Baby-Friendly” Award

Scripps Memorial Hospital Encinitas has been designated a U.S. “Baby-Friendly” hospital by Baby-Friendly USA. Scripps Encinitas is the only facility to be recognized in San Diego, and one of only 42 Baby-Friendly hospitals in the nation. The Baby-Friendly designation requires a rigorous two-day on-site inspection.

Forbes Ranks Scripps Center for Executive Health Among Nation’s Top Programs

Forbes.com has selected the Scripps Center for Executive Health as one of the nation’s “Great Executive Health Programs.” The online article includes a slideshow that features several of the best programs, including Scripps Center for Executive Health at Scripps Memorial Hospital La Jolla.

Since 1981, the center has focused on comprehensive health assessment, early detection and lifestyle enhancement to improve health and longevity.

McDonald’s and Scripps Promote Physical Activity and Balanced Eating

San Diego McDonald’s restaurants and Scripps Health, including the Whittier Institute for Diabetes, have formed a first-of-its-kind partnership to encourage San Diegans to exercise and eat a balanced diet to prevent diabetes and other obesity-related health problems. The partnership includes a “Pace Yourself” walking club, sponsored by Scripps Mercy Hospital, and a training guide available at McDonald’s restaurants and the Whittier On Wheels (WOW) mobile medical clinic. The WOW unit is equipped with two exam rooms and the latest diagnostic technology. It will visit McDonald’s restaurants throughout San Diego County to provide diabetes prevention and treatment information.



CALENDAR

DECEMBER

4

75th Annual Candlelight Ball - Diamond Anniversary will be held at the Del Mar Country Club, 6:30 - 11:30 p.m. Proceeds benefit Scripps Memorial Hospital La Jolla. Cost: \$400 per ticket, \$1,000 for Diamond Level Patrons. Call Kristine Entwistle at 858-678-7357 for information and reservations.

APRIL

9

Scripps Green Hospital/Scripps Clinic Renaissance Ball, "Ahhh Firenze!" at the Hyatt Regency La Jolla Aventine, 6:00 p.m. to 12:00 a.m. Cost: \$300 per ticket. Proceeds will benefit Scripps Green Hospital and Scripps Clinic. Call Suzanne Swanson at 858-678-6364 for information and reservations.

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14th Annual Spinoff Auction, at the Hyatt Regency La Jolla Aventine, 5:30 p.m. Cost: \$125 per ticket. Proceeds will benefit the Thomas T. Stevens Cancer Center, a Division of the Scripps Cancer Center. Call Kristine Entwistle at 858-678-7357 for reservations and information.

Why make an annual gift?

John and Betty Warner

MEMBERS, SCRIPPS PRESIDENT'S COUNCIL*

Those We Left Behind

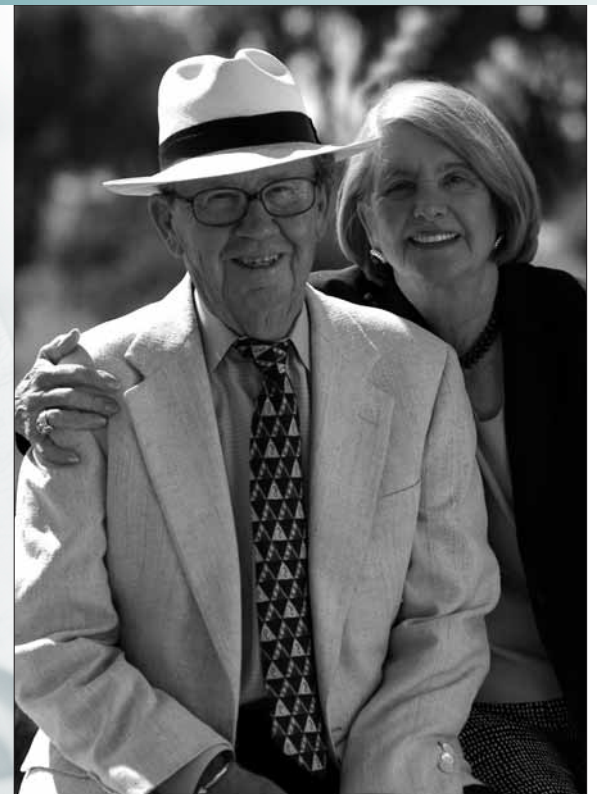
A few months ago, John Warner took his son to Europe to retrace the path he took through France and Germany during World War II. They stopped at Epinal Cemetery to honor the memory of John's friend John Monasmith, who died in combat on March 13, 1945.

Since 1945, Warner has gone to college and graduate school, married and had children and grandchildren. He was president of Frito Lay, a subsidiary of Pepsi, in Mexico and Latin America and traveled the world. But he has never forgotten his friend and the sacrifice

he made almost 60 years ago.

The Warners believe in building a better community. John sits on the advisory board at Scripps Memorial Hospital La Jolla and the couple makes annual gifts to Scripps. Like many companies, Pepsico matches the Warner's gifts, helping their philanthropy do more to improve medical care in San Diego.

Your annual gifts sustain Scripps Health. To find out how, or to learn more about corporate matches, call our Annual Giving Office at 858-678-7355.



*Scripps President's Council members support health care and research with gifts of \$1000 or more.

Always in Motion



Mary Schieber has been through a lot in 90 years. Diagnosed with rheumatoid arthritis at 27, Schieber never let her condition slow her down. Among the early female executives for Sears, she helped the retailer grow from 5 stores in Los Angeles to 27.

When Mary retired to San Diego, her first priority was finding the best rheumatologist. Naturally, she came to Scripps Clinic.

"Thanks to Scripps I'm on my own two feet," says Mary.

Mary Schieber and her late husband Ernest wanted their good fortune to help future generations and created two gift annuities to benefit Scripps.

OUR GIFT PLANNING STAFF CAN KEEP YOU MOVING FORWARD. LEARN HOW A LIFE INCOME GIFT TO SUPPORT **SCRIPPS HEALTH** CAN HELP YOU WIN FINANCIAL SECURITY. CALL **858-678-6340** OR **800-326-3776** FOR INFORMATION, OR VISIT OUR **WEB SITE** AT WWW.SCRIPPSHEALTHFOUNDATION.ORG AND CLICK ON **GIVING** TO LEARN MORE ABOUT CHARITABLE GIFT PLANNING.

update

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